



## DANCE CLASS SCHEDULE SPRING 2012

January 30-June 16, 2012 (skip Jan 16, Feb 20-25, April 9-13, May 28)

Spring Ballet Performances: May 4, 5, 6

Director of Dance: Christine Juarez

Faculty: Jill Adomaitis, Amelia Bolyard & Vanesa Wylie

Accompanists: Susan Reed & Janeen Bramwell

Scholarships Available – Registration Deadline February 6

<b>Monday</b>	Instructor Christine Juarez
9:30-10:45	Fusion Exercise with Jill Adomaitis \$125 Member/\$140 Non-member (10 session punch card)
12:30-1:30	Creative Movement 3 \$230 Member/\$250 Non-member (+ \$40 Spring Ballet fee)
1:30-2:30	Creative Movement 4 \$230 Member/\$250 Non-member (+ \$40 Spring Ballet fee)
4:00-5:30	Ballet III* \$325 Member/\$360 Non-member
5:30-6:15	BHDC Ballet III (Giselle rehearsal) \$185 Member/\$200 Non-member
6:15-7:45	Ballet IV* \$325 Member/\$360 Non-member
7:45-8:30	BHDC Ballet IV (Giselle rehearsal) \$185 Member/\$200 Non-member
<b>Tuesday</b>	Instructor Christine Juarez
4:00-5:00	Ballet Prep \$230 Member/\$250 Non-member (+ \$40 Spring Ballet fee)
5:00-6:30	Ballet II/Modern II \$325 Member/\$360 Non-member (+ \$40 Spring Ballet fee)
6:30-8:30	Ballet/Pointe V/VI* \$380 Member/\$415 Non-member (recommend 2 companion classes Thurs/Sat)
<b>Wednesday</b>	Instructor Jill Adomaitis (4-6 pm) Vanesa Wylie (2:00-9 pm)
2:00-3:00	Adult Jazz/Tap \$120 Member/\$135 Non-member (Feb 1-March 28)
4:30-5:30	Creative Movement 3-4 yrs \$230 Member/\$250 Non-member with Vanesa Wylie
4:00-5:30	Ballet IV* \$325 Member/\$360 Non-member
5:30-6:00	Pre-Pointe/Pointe IV* \$125 Member/\$140 Non-member
6:00-7:30	Modern III/IV \$325 Member/\$360 Non-member (+ \$40 Spring Ballet fee)
7:30-9:00	Modern V \$325 Member/\$360 Non-member (+ \$40 Spring Ballet fee if not enrolled in BHDC class)
<b>Thursday</b>	Instructor Christine Juarez
4:00-5:15	Boys' Ballet* \$240 Member/\$265 Non-member (+\$40 Spring Ballet fee)
5:15-6:15	Ballet I/Modern I \$230 Member/\$250 Non-member (+ \$40 Spring Ballet fee)
6:15-7:45	Ballet V/VI* \$325 Member/\$360 Non-member
7:45-8:30	BHDC Ballet V/VI (Giselle rehearsal) \$185 Member/\$200 Non-member
<b>Friday</b>	Instructor Amelia Bolyard
9:30-10:45	Fusion Exercise \$125 Member/\$140 Non-member (10 session punch card)
11:00-noon	Adult Ballet, with Jill Adomaitis (Feb 27-April 13) \$120 Member/\$135 Non-member
3:00-4:00	Teen Advanced Jazz \$230 Member/\$260 Non-member
4:00-5:00	Boys' Sports Dance \$230 Member/\$250 Non-member (+ \$40 Spring Ballet fee)
4:30-6:00	Accelerated Ballet IV* \$325 Member/\$360 Non-member with Jill Adomaitis at Vashon Athletic Club
5:00-6:15	Ballet III* \$240 Member/\$265 Non-member
6:15-7:15	Tween Funk \$230 Member/\$260 Non-member
<b>Saturday</b>	Jill Adomaitis & Guest Instructors
10:00-12:00	Ballet VI* \$380 Member/\$415 Non-member

\*Twice weekly - Ballet levels III and above have companion classes that must be taken together (eg. Ballet III on Monday and Friday)

Class Descriptions– Age refers to the age of the child in Fall 2011. All classes open to boys and girls.

### Creative Movement (ages 3 & 4)

Children are invited to expand their world through pathways, basic anatomy, rhythms and improvisation. Emotions explored through movement. Live piano.

### Ballet Prep (age 5)

A safe place to experiment with shape, paths, anatomy and body isolations; pre-ballet steps introduced. Live piano.

### Ballet/Modern I & II (ages 6 & 7)

Move into more formal ballet steps, barre work, sequencing, counting and jumps with a touch of spirited free dance. French vocabulary and movement theory included. Live piano. Production fee required for participation in “Nutcracker” for Level I. BHDC encouraged for Level II.

### Ballet III, IV, V, VI (ages 8-adult) required 2 times a week

Study formal barre, centre, petite allegro and grand allegro. French vocabulary and memorization of movement stressed. Pre-pointe/pointe by invitation. Live piano. BHDC encouraged.

### Pointe IV, V, VI by invitation of instructor

Barre, center and turning sequences stressed (must be taken with a ballet technique class).

### Modern III/VI (ages 8-12)

Basic and intermediate dance technique, musicality, conditioning, floor work, improvisation, sequencing, dynamics of movement all stressed. Production fee required for participation in “Nutcracker.”

### Modern V (ages 13-adult)

Basic and intermediate dance technique, musicality, conditioning, floor work, improvisation, sequencing, dynamics of movement all stressed. BHDC encouraged.

### Boys Sports Dance (ages 7-12)

Emphasizes jumping, leaping, rolling, contact improvisation, basic dance technique and a lot of camaraderie. Production fee required for participation in “Nutcracker.”

### Boys Ballet (ages 10-15) must be taken with Monday Ballet III

A class for boys interested in training in classical ballet. Study of formal barre, centre, petite allegro and grand allegro. Previous dance experience not required. French dance vocabulary introduced. Live piano. Participation in Nutcracker and BHDC III encouraged.

### World Funk (ages 13-18) & Tween Funk (ages 9-12)

Fun, funky dance classes that introduce world rhythms and international dance styles.

### Blue Heron Dance Company (BHDC)

Performance class preparing for the “Nutcracker” performance at Vashon High School on December 9-11, 2011. Students learn choreography weekly and are required to attend all rehearsals and performances. Theater etiquette stressed. A popular part of the dance program.

### Fusion Exercise (adults)

Focuses on the development of core strength; includes mat work and simple barre work.

## Pricing

Classes run on 18 week terms. Prices are per term.

Full Payment	5 time payments*	
30 min class	\$125	\$25
60 min class	\$230	\$46
75 min class	\$240	\$48
90 min class	\$325	\$65
120 min class	\$380	\$76
BHDC	\$185	\$37

\*Note - There is a \$5 administrative fee assessed every month for the duration of a time payment

Production Fee \$40 – required for dancers invited to perform in “Nutcracker” without registering for BHDC

Punch Cards available for Fusion Exercise and Ballet V/VI

75 min class - \$120 (ten sessions)

90 min class - \$140 (ten sessions)

Scholarships available-Fall applications due September 16.

Check the following sources for more information on registration and scholarships:

- Call 463-0331
- Check the website at [VashonAlliedArts/dance.org](http://VashonAlliedArts/dance.org)
- Visit our dance blog at <http://blueherondance.wordpress.com>